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Visitors, students, tourists get a Bach Centre welcome

More tourists than usual have visited the quiet Oxfordshire village of Brightwell-cum-Sotwell this summer. The Bach Centre has been playing host.

In May the Centre welcomed a group of students from Anglia Ruskin University. The University includes a module on Bach flower remedies as part of its Continuing Healthcare programme.

A week later more students came, this time staying with for a week. The party comprised Bach International Education Programme level 3 teacher Katja Bähr and half a dozen -level 3 students from Germany. They took their advanced level practitioner training in our training rooms, and were lucky to enjoy some fantastic weather and lots of time in the garden. Katja hopes to bring over a second level 3 group next year.

In June we held two courses of our own – a level 2 course for twelve students, and a teachers' course for ten. The students on the level 2 came from as far away as New Zealand, Spain and the USA.

June also saw visits from a holistic therapy group in Northamptonshire – and from our Japanese institute, Bach Holistic Kenkyukai. The Japanese party – eighteen teachers and trainers – was led by the Bach Education Coordinator for Japan, Saodah Hayashi.

Over the next few weeks we welcomed two separate group of teachers, practitioners and student practitioners from Brazil. The organiser of these visits – a company called Therapeutic Tours – planned a number of visits to places connected to flower remedies and aromatherapy, and the Bach Centre was their first port of call. They spent the day with us and enjoyed a talk by Stefan Ball, a visit to the pub for lunch and a tour of the house and gardens.

If you are planning a visit to the UK, remember to include the Bach Centre in your plans. For more information see www.bachcentre.com/centre/visitors.htm.

NOTES:

1. Photographs available on request
2. For more information on the Bach Centre see www.bachcentre.com
3. Bach flower remedies were discovered in the 1920s and 1930s by Dr Edward Bach, a Harley Street consultant and bacteriologist
4. The Bach Centre was Dr Bach's home and workplace from 1934 to his death in 1936
5. Bach flower remedies are a complementary medicine that helps resolve imbalanced emotional states, which can in turn lead to improvements in general health
6. The best-known Bach flower remedy is sold under the trade name *Rescue™ Remedy*