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New DVD on Dr Bach

A new DVD on Dr Bach's life and work, including his discovery of the Bach flower remedies, is now available.

Nelsons Ltd, who make and distribute *Bach™ Original Flower Remedies*, commissioned *Bach Flower Remedies: The Journey to Simple Healing*. The film was produced with the help of the Bach Centre. Most of the filming took place in the house and garden at Mount Vernon, and in the surrounding village of Brightwell-cum-Sotwell, Oxfordshire.

The DVD is being used on Bach International Education Programme courses around the world, and as such features subtitles in Czech, Chinese, Danish, Dutch, Finnish, French, German, Hungarian, Italian, Polish, Portuguese, Spanish and Romanian.

Nelsons are not distributing the DVD commercially. The Bach Centre has secured exclusive rights to sell it to mail order customers and visitors to Mount Vernon.

The Journey to Simple Healing is available now in NTSC and PAL formats. Contact the Bach Centre on +44 (0)1491 834678 for more information.

NOTES:

1. The Bach Centre web site **www.bachcentre.com** contains background information on Dr Bach and the Bach Centre's work
2. Bach flower remedies were discovered in the 1920s and 1930s by Dr Edward Bach, a Harley Street consultant and bacteriologist
3. The Bach Centre was Dr Bach's home and workplace from 1934 to his death in 1936
4. Bach flower remedies are a complementary medicine that helps resolve imbalanced emotional states, which can in turn lead to improvements in general health